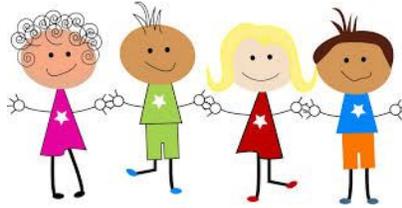


## PreK At Home Learning Activities



Welcome back! We hope you had a great April break. Here are some new learning opportunities linked to Earth Day and recycling. Enjoy!

Week of: April 20, 2020

Theme: Earth Day - Taking Care of Our Earth

<b>Book Activities</b>	<ul style="list-style-type: none"> <li>● <a href="#">Click here</a> for Scholastic Learn at Home stories and projects to keep kids reading, learning, and growing. ***If the links in the book activities below do not work first click the scholastic link above and leave the page open before opening the link to your preferred book activity***</li> <li>● <b>Watch the Story:</b> <a href="#">I Stink!</a> by Kate and Jim McMullan(click the title to view) This can also be found at <b>Scholastic Learn at Home - Day 9/Week 2</b>. Grab an empty container such as a jar or can (if using a can, put masking tape around the rim to protect fingers from sharp edges). Then collect some items your child can use to decorate it, such as dry macaroni, construction paper, or even scraps of newspapers and magazines. Your child can use glue or tape to attach decorations to the container. Then use it to store household items such as pencils and pens or kitchen tools!</li> <li>● <b>Read the Story:</b> <a href="#">Garbage Trucks</a> by Mary Lindeen (click the title to view) This can also be found at <b>Scholastic Learn at Home - Day 9/Week 2</b>. <a href="#">Garbage Truck Online Coloring Page</a> Color a picture of a garbage truck online. First, click on a color, then point to a part of the picture you want to be painted with that color. From Enchanted Learning Software.</li> <li>● <b>Read</b> <a href="#">Here Comes the Garbage Barge</a> by Jonah Winter, Read by Justin Theroux. Play Keep Your Trash Off My Lawn! EQUIPMENT — 15 soft balls/items (if you don't have balls, use balled socks or sheets of newspaper crumpled into ball shapes), Safe playing area and a Timer. Split the designated playing area into 2 halves. The 2 halves represent 2 yards. Player(s) on both sides will keep throwing, rolling, or sliding pieces of "trash" back and forth. After a designated amount of time, count the "trash" left on each yard. The player(s) with the least amount of trash is the winner(s)</li> <li>● Explore <a href="#">TumbleBooks</a> : Username: <b>Gilead</b> Password: <b>books</b></li> </ul>
<b>Literacy</b>	<ul style="list-style-type: none"> <li>● Upper and lowercase letter match- choose a few letters. Write the uppercase letter on a cloud shape and the lowercase letter on a raindrop shape. Mix them up and play a game of matching them. If this is too challenging try making a memory game with a few letters. Play until all of the clouds are matched. <b>Support consideration: focus the game on uppercase letters only, make two of each letter and play to match identical letters.</b></li> </ul>

	<ul style="list-style-type: none"> <li>• If you have plastic eggs they can be used for an upper/lowercase letter matching game. On one side of the egg write the uppercase letter in permanent marker and on the other side write the lowercase letter. Take the eggs apart and have your preschooler match them and place them in a recycled egg carton or basket. <b>Support Consideration: Write letters that match on the same color egg and different letters on different colored eggs. Only present a few letters at a time so that children are successful.</b></li> <li>• Practice letter recognition while playing Bottle Bowling. EQUIPMENT:10 empty plastic bottles (water bottles, soda bottles, tall dishwashing detergent bottles). Put about an inch of sand or water in the bottom of bottles so they won't fall over too easily. Tape to or write on the bottles one letter per bottle. Roll a ball to knock down the bottles, then label the letters on the bottles you knocked over before you pick them up. Or, call out a letter and see if you can knock that bottle down. <b>Support consideration: focus on the letters in your child's name;or only focus on one or two letters at a time</b></li> <li>• Here students can <a href="#">See It, Say It, Sign It</a> with Jack Hartmann. See It, Say It, Sign It as you learn sign language for each letter and letter sound in the alphabet. Jack shows the sign for each letter and the letter sounds for each letter as he sings the letter name and the letter is shown on the screen. This version also includes the letter sounds and objects beginning with the sound. This is a simple and fun way to learn sign language for each letter of the alphabet. As a fun follow up challenge, have each student spell their name using signs for each letter. ASL alphabet.</li> <li>• Click <a href="#">here</a> for more Jack Hartmann songs. These songs may drive you nuts, but your kids will love them, we promise! :-)</li> </ul>
<b>Math/Game</b>	<ul style="list-style-type: none"> <li>• Sort your recyclables: metal, paper, plastic. Which category has the most/least? Help your child to find the recycle sign on plastic containers. You can extend this activity by sorting the plastic based on the recycle number found within the recycle symbol. <b>Support consideration: start the sorting by placing one or two of each category in the sorting piles; ask your child guiding questions like "which one does this look like?" or "Is this made of paper or plastic?"; simplify to use only two sorting categories</b></li> <li>• Play "Copy My Pattern": Show your child a pattern that you made (i.e. blue,red,blue,red repeating). Ask the children to talk about what they notice about the pattern. Chant the pattern with him/her so they can hear the repeating unit. For example, "Triangle, square, circle, triangle, square, circle . . ." Be sure to create different types of patterns, such as AB, ABB, ABC, AABB. The goal is to help children see that patterns have a sequence "unit" that repeats. Watch to see if they are able to copy the pattern correctly or if they lose track of the pattern after a few units have repeated. For this and other great math games to play with your preschooler <a href="#">click here</a>. <b>Support consideration: provide a model for your child to imitate as they are copying the pattern, be sure to help your child chant the pattern each time as they work to add more on to it</b></li> </ul>

	<ul style="list-style-type: none"> <li>• At snack time make a pattern for your child: (ex. blueberry blueberry strawberry blueberry blueberry strawberry) Can your preschooler continue the pattern? If this is too easy, ask your child to create a pattern with 2-3 different items and have you continue the pattern. <b>Support consideration: begin with a simple AB pattern unit (ex. blueberry, strawberry)</b></li> <li>• Play <a href="#">The Patterns Practice Song</a> by <a href="#">Scratch Garden</a>. This song teaches basic pattern recognition. Watch this math for kids song and you will be learning patterns with colors, shapes and numbers in no time!</li> <li>• Collect straight and curved sticks, combine them to create shapes. Can your preschooler name the shape? Copy or recreate your shape? Make their own? <b>Support consideration: have picture models of each shape for your child to reference</b></li> <li>• Use an empty egg carton to collect and sort found materials. This is really fun if you have a jar of buttons! Sort based on color, shape, or the number of holes in the buttons. <b>Support consideration: set the sorting rule (i.e. color) for your child and start the piles with one or two items for each category (color); reduce the number of categories to sort by (i.e. only use red, yellow and blue items)</b></li> </ul>
<b>Estimation</b>	<ul style="list-style-type: none"> <li>• How many (bottle caps)? (fill a container with no more than 20 items for your preschooler to estimate.) Have your preschooler count the items after they give you their estimate.</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Soak shredded paper in water. Take junk mail or newspaper and have your child cut or tear it with you to fill a bin. Add water and experience what happens when paper soaks in water.</li> <li>• Find a medium or large-sized plastic bin to use as a sensory table. Fill it with water for some fun water play! Add different items to increase the fun, such as whisks, measuring cups, basters, eye droppers, containers of different sizes and shapes. Find items that you can use to make it “rain” in your water table, like a funnel, a colander or a sieve. For extra fun, add food coloring to make colorful water or dish soap to make bubbles! You could even throw in some plastic animals or rocks, sticks and leaves. Ask your child thought-provoking questions as they play, such as “what are you making?”, “what is happening now?”, “what are you noticing?” and “what do you think will happen if...?” Your child is learning about volume, properties of water, problem-solving and engineering, all while having fun!</li> <li>• Make a soda/seltzer bottle shaker - add rice, sand, small rocks, etc., to clean, dry plastic bottles and screw the top on tight. Add more or less to change the sound and feel of the shaker. Go on a shaker parade!!</li> </ul>
<b>Science</b>	<ul style="list-style-type: none"> <li>• Make a grass head! Draw or glue a face on an old yogurt cup, Add potting soil and grass seed. Use a spray bottle to water if possible. Leave your cup near a sunny window and watch as “hair” begins to grow. Children love giving</li> </ul>

	<p>their creation a “haircut” as it grows. As an extension, chart how many days it takes for your grass to grow 1, 2 or 3 inches high.</p> <ul style="list-style-type: none"> <li>● Use a coffee filter to “clean” water. Add sand to the filter and pour muddy water through the sand and filter into a clean glass bottle. Does the water come out clearer? Why?</li> <li>● Play Earth Day “I Spy”. Sit on a blanket in the grass or even on the porch on a rainy day and play a nature version of I Spy (I spy something that is yellow.)</li> <li>● Go on an Earth Day nature scavenger hunt- take a clipboard and a crayon! Before you go generate a list of things you might be able to find on a walk around your yard or block (tree, leaf, grass, branch, bird, moth/butterfly, beetle, bee, sun, cloud, spider web, dirt, ant, trash, something to recycle...) Write each thing and draw a box next to it for your preschooler to check off.</li> <li>● Have any hard boiled eggs leftover? Use the shells as cups for sprouting seeds. Cut the egg in half, carefully scoop the insides out and enjoy as a snack. Then carefully place soil and seeds inside the shells. Once they have sprouted the whole thing can be planted outside.</li> <li>● Watch '<a href="#">Earth Day Recycling</a>' video with song lyrics - Reduce, Reuse, Recycle!</li> <li>● <a href="#">Recycle</a> by Jack Hartmann is an upbeat song for Pre-K children to practice recycling every day.</li> </ul>
<p><b>Blocks/ Construction</b></p>	<ul style="list-style-type: none"> <li>● Using toilet and paper towel tubes (and any other cool recyclables) create a roller coaster for marbles, round beads, or balls. Children can connect the tubes using tape. CAUTION: if working with younger children or preschoolers who may still put objects in their mouth, marbles and other small spheres are a choking hazard</li> <li>● Build using canned and/or boxed grocery items from your pantry or kitchen. How tall can you stack them?</li> </ul>
<p><b>Dramatic Play</b></p>	<ul style="list-style-type: none"> <li>● Are you getting lots of packages in the mail? The boxes can be used to make props for dramatic play. Think about a theme your preschooler is interested in this week and together design a prop. A box could be a stove/oven for a kitchen or bakery, a washing machine or a kennel for an animal shelter.</li> <li>● Pretend you work in a recycling center! Collect recyclables and set up a recycling center. Have your preschooler help make labels for bins/buckets/boxes for paper, plastic, metal and glass. Take turns bringing materials to the recycling center to be sorted. When this play is exhausted use the collected materials to build something new!</li> </ul>
<p><b>Play-dough</b></p>	<ul style="list-style-type: none"> <li>● Use an old egg carton and make your own playdough eggs. If you have plastic eggs, this is a great time to bring them out as part of your play. As an extension, hide small objects or play animals inside the playdough egg.</li> </ul>

	<p><b>Playdough recipe:</b> 3C flour, ½ cup salt, 1 TB cream of tartar, 3 TB vegetable oil, 2C boiling water (optional: you can add 2 envelopes of unsweetened Kool-Aid to add color and scent to your dough)</p> <p>**If flour is hard to find you can try making dough with a box of cornstarch and mix in a bottle of bargain hair conditioner until the consistency is moldable**</p>
<p><b>Process Art</b></p>	<ul style="list-style-type: none"> <li>● Make toilet paper tube bracelets/watches - cut the tube in half and then length wise so it fits over the wrist like a cuff. Allow children to decorate with writing utensils or glue and found objects</li> <li>● Cut up a cereal box into square/rectangle shapes. Have your child use markers to create a scene of their choice, adding as much detail as possible. Cut the picture into several shapes to create a puzzle.</li> <li>● Make a garbage/recyclable sculpture - you'll need clean "garbage" and tape or glue. This sculpture can be abstract or something that inspires your child. Perhaps a robot or flower.</li> <li>● Decoupage plastic eggs: you'll need glue and old magazines. Have your child cut or tear small pieces from colorful pages in magazines. Glue the scraps to your egg and let dry. You may want to display these eggs in a basket or child made nest.</li> </ul> <div style="text-align: center;">  </div> <ul style="list-style-type: none"> <li>● Melt old stubby crayons and turn them into "rubbing" crayons. Here is <a href="#">How to Make Recycled Crayons</a>. Here is a video <a href="#">HOW TO RECYCLE OLD BROKEN CRAYONS</a></li> </ul>
<p><b>Fine &amp; Gross Motor</b></p>	<ul style="list-style-type: none"> <li>● Using laundry baskets or other containers as a target, play "beanbag" toss - you can substitute balled up socks, paper or stuffed animals for the beanbags.</li> <li>● Play "Find and Tag" - this is a versatile game that can be used to review many different skills. Just tell your learners to find something and tag it. For example, "Find and tag something blue." Or "Find and tag something that starts with /s/."</li> <li>● Play "Copy Me!" - this is where you can get in <i>your</i> workout for the day. Simply do a series of exercises or silly actions, and have your students copy you. Jump like a kangaroo. Scratch like a monkey. Run in a place. (Whatever it takes to get that heart rate up!) <b>Support consideration: an adult or older sibling may need to demonstrate or assist.</b></li> <li>● Sandbox writing/drawing - put sand on a cookie sheet or tray with sides and practice drawing shapes and letters in it</li> </ul>

	<ul style="list-style-type: none"> <li>● Use dull tweezers to pick up small items such as cheerios or dry beans. Transfer from one container to another or have your child place them on a thickly drawn line or curve. You can even have your child place the item on the first letter of his/her name.</li> <li>● Your child might like to pretend to be a tree!! He or she can curl up in a ball to make themselves as small as a tiny seed or acorn, then slowly “sprout” up through the ground, unfold their “branches and leaves” and grow taller and taller. Finally they can stand and reach as high in the sky as they can and wave their branches in the blowing wind.</li> <li>● Tops and Bottoms - collect a variety of jars or containers with tops. This could include items such as orange juice containers, jelly jars, tupperware, or seltzer bottles. Make sure containers are clean and kid safe. Fragile glass bottles should not be used unless there is an adult to supervise. Separate the tops and bottoms and have your child find the match. Are they able to successfully put the top on? Provide support as necessary.</li> <li>● <a href="#">Bunny Bounce</a> - <a href="#">A Cosmic Kids</a> Yoga Disco (click on the link)</li> <li>● Try these <a href="#">Earth Day yoga poses for kids!</a> (click on the link)</li> <li>● Your preschooler will love <a href="#">this collection</a> of songs by <a href="#">The Learning Station</a>. It includes; Baby Shark, Boom Chicka Boom, Happy Dance, Ram Sam Sam, There was a Crocodile and much more! Children will sing, dance, laugh and learn!</li> </ul>
<p><b>Writing</b></p>	<ul style="list-style-type: none"> <li>● Write your own <a href="#">book</a> (or just a page) about how you can help the <a href="#">Earth</a>. <i>I can help the earth by.....</i> Prior to engaging in this activity, talk to your child about different things we can do to protect the planet. Some ideas include turning the lights off when not in use, saving water, planting a tree or garden, handing down old clothes to a smaller friend, or picking up litter.</li> <li>● Use a recycled cereal (or other box) to make tracers. Cut different sizes of basic shapes. Have your preschooler trace them. They can even combine shapes to create a picture or design. Extension: provide scissors to cut the shapes out and then assemble to create a picture.</li> <li>● Create a bin of recycled paper for your child to use as needed. This could include newspaper, tissue paper, mail without print on one side, and cardboard pieces.</li> <li>● Collect assorted writing tools and paper for your child to access easily</li> <li>● Staple scrap paper together to make small books or pads</li> <li>● Provide old calendars, check registers, junk mail envelopes</li> </ul>
<p><b>Social-emotional</b></p>	<ul style="list-style-type: none"> <li>● <a href="#">Hearts For Healthcare Workers</a> - Cut out paper hearts and place them in your window to thank our local <a href="#">healthcare workers</a>.</li> <li>● <a href="#">Peace Out Guided Relaxation for Kids</a> is a new series of guided relaxations and visualizations for kids, written and voiced by Jaime from Cosmic Kids. In this <a href="#">first guided relaxation</a>, we find a balloon and it carries us to our favourite place, a place where we feel strong and happy</li> <li>● Facetime, Skype or call a family member or friend to visit!</li> </ul>

	<ul style="list-style-type: none"> <li>• Be a <a href="#">Feelings Detective</a>: watch a movie and talk about how the characters feel. Talk about body, face, and word clues that help you know what they're feeling</li> <li>• Cloud watching or stargazing- lay outside on a puffy cloud day and look for pictures in the clouds or go out at night and look at the stars. Can you find the Big or Little Dipper?</li> <li>• Go on a nature scavenger hunt- take a clipboard and a crayon! Before you go generate a list of things you might be able to find on a walk around your yard or block (tree, leaf, grass, branch, bird, moth/butterfly, beetle, bee, sun, cloud, spider web, dirt, ant, trash, something to recycle...) Write each thing and draw a box next to it for your preschooler to check off.</li> <li>• <a href="#">Talking to Kids About Corona Virus Fears</a> This <a href="#">new podcast</a> is for families and is designed to help children and grown-ups practice their social-emotional skills. Each episode tells a story that's amazing, fantastical, and maybe a little bananas, while it tackles the big feelings that come with growing up.</li> </ul>
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## Unified Arts

<b>Art</b>	<p><b>Check out this creative printing lesson.</b></p> <p><a href="#">Marble Printing</a></p>
<b>Music</b>	<p><a href="#">Old MacDonald Had a Farm</a> Now sing your version of Old MacDonald with names of your stuffed animals or your pets!</p>
<b>Gym</b>	<p>Please follow the link below for name spelling workout and home fire safety:: <a href="https://docs.google.com/document/d/18G8TkKrzcmiwrgV2beqAyxlyWvmzSWHOzXiUakWVMvM/edit">https://docs.google.com/document/d/18G8TkKrzcmiwrgV2beqAyxlyWvmzSWHOzXiUakWVMvM/edit</a></p>
<b>Library</b>	<p>Watch Mrs. Madeira read <i>Up in the Leaves - The True Story of the Central Park Treehouses</i> by Shira Boss. Please check your email for the link to the video.</p>
<b>STEAM</b>	<p>Click on this link to try the <a href="#">The Litterbug Challenge</a></p>