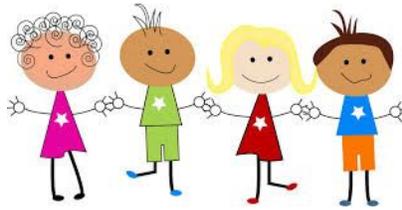


PreK At Home Learning Activities



Here are some ideas for your preschooler to play and learn. Take our learning activities as suggestions and do what works best for your family. Follow your child's lead and have fun! As long as they are actively playing, they are learning. Have a great week!

Week of: March 30, 2020

Theme: Welcome Spring

Book Activities	<ul style="list-style-type: none"> ● Watch the Story: And Then It's Spring by Julie Fogliano (click the title to view) ● Click here for additional Scholastic Learn at Home stories and projects to keep kids reading, learning, and growing ● Explore: TumbleBooks Username: Gilead Password: books ● Read Mud Puddle (Must be logged in to TumbleBooks before clicking the link)
Literacy	<ul style="list-style-type: none"> ● Take a nature walk outside with an adult and gather 5 items you find. Say the name of each item and clap out the parts (syllables). Support consideration: provide a model; provide hand-over-hand assistance if needed; count out your claps aloud for your child ● Here is a fun video from Scratch Garden about dividing words and counting syllables. ● Rhyming scavenger hunt – can you find something in your house or yard that rhymes with... bear; red; tug; dock; sea? Now have fun making up new rhyming words for your family to find. *Support consideration: if your child struggles with rhyming, then provide words that rhyme (ie. bear - pear, hair, chair, etc) for your child before searching for items ● Here students can practice rhyming with Jack Hartman and Rocco the Rhyming Rhino.
Math/Game	<ul style="list-style-type: none"> ● Look around your house. How many things can you find that include the shape of a circle? Can you find at least 10? *Support consideration: provide your child a circle shape example to carry with them and look for items that match; reduce the goal to finding only 5 or fewer items. ● Draw shapes in the dirt with a stick. ● Gather different sized twigs from a nature walk. Sort them from shortest to longest. *Support consideration: demonstrate how to sequence your sticks then give your child an opportunity to try. If they need further support, line up a few sticks and give them the last two to sequence.

Estimation	<ul style="list-style-type: none"> • How many stones? (fill a container with no more than 20 items for your preschooler to estimate.) Have the students count the items after they give you their estimate.
Sensory	<ul style="list-style-type: none"> • Make mud! A link to the story Mud Puddle is in the Book Activities box above. It is a fun read aloud about a little girl, Jule Ann, who goes outside and gets all over muddy several times. Each time her mom gets her clean in a warm bath. • Take a bath! This can be very relaxing:)
Science	<ul style="list-style-type: none"> • Do you have a tree in your yard that is budding? Go outside and observe the buds. Draw a picture or take a photo. Visit the tree each day and notice if there are any changes. Remember to log your observations like a scientist. • Fly a kite. If you don't have one, make one and see if you can get it to take flight.
Blocks/ Construction	<ul style="list-style-type: none"> • Build using boxes (these can be empty boxes from the recycle bin or full boxes from the pantry). How tall can you build your tower? If the boxes are full, does it work best to put the heavy boxes on the top or bottom? Talk about width, height and weight during this experience.
Dramatic Play	<ul style="list-style-type: none"> • Build a fort using furniture and blankets. Pretend it's a campsite and invite your stuffed animals to join.
Play-dough	<ul style="list-style-type: none"> • Collect items on your nature walk and make impressions of them in your dough <p>Playdough recipe: 3C flour, ½ cup salt, 1 TB cream of tartar, 3 TB vegetable oil, 2C boiling water (optional: you can add 2 envelopes of unsweetened Kool-Aid to add color and scent to your dough)</p> <p>**If flour is hard to find you can try making dough with a box of cornstarch and mix in a bottle of bargain hair conditioner until the consistency is moldable**</p>
Process Art	<ul style="list-style-type: none"> • Paint with the mud. Use sticks, pine needles, bark etc. • Use recycled materials to make an art sculpture • Design a kite and experiment on a windy day • Gather a variety of nature items from outside to make a nature collage.
Fine & Gross Motor	<ul style="list-style-type: none"> • Use sidewalk chalk outside or paper and markers inside to create a hopscotch grid and play with a family member • Kick or toss a ball with a family member. How many times can you kick or catch it in a row? • String pasta (ziti, elbow macaroni, etc) on string or yarn to make jewelry

	<ul style="list-style-type: none"> • Tape Balance beam - use masking tape or painters tape to create a pretend balance beam on your floor, then have fun walking heel to toe, forwards/backwards, etc. Make the tape lines in different designs; make the lines zigzag, curvy, straight, or shapes like a circle, square, or other shape • Go on a bear hunt with Jaime at Cosmic Kids (click on the link) • Go on a bear hunt with The Learning Station (click on the link) • Here are some more Spring Songs by The Learning Station (click on the link)
Writing	<ul style="list-style-type: none"> • Collect assorted writing tools and paper for your child to access easily • Staple scrap paper together to make small books or pads • Provide old calendars, check registers, junk mail envelopes
Social-emotional	<ul style="list-style-type: none"> • Make a real campfire and listen to the night sounds together. • Share the playdough you made - give everyone a fair share to play with. • Sesame Street "Name that Emotion Game" (click on the link) • Mind Yeti®: Designed for families to do alongside children, or for older children to do on their own, Mind Yeti provides a great way for everyone to practice mindfulness during this difficult time. • Talking to Kids About Corona Virus Fears This new podcast is for families and is designed to help children and grown-ups practice their social-emotional skills. Each episode tells a story that's amazing, fantastical, and maybe a little bananas, while it tackles the big feelings that come with growing up.

Unified Arts

Art	<p>Patterns with food: Choose 3-4 finger snacks for your child (for example: cheerios, celery, and carrots). Place these on a clean surface and let your child make a pattern using the snacks (cheerio, celery, celery, carrot etc.) Ask them to create two or more patterns and say what their patterns are. Then they can eat their works of art!</p>
Music	<p>Happy Spring! Sing and dance along with this counting song. Over in the Meadow</p>
Gym	<p>Please follow the link below: https://docs.google.com/document/d/1Ahh3EXxJp-y6xwsmCnu-JEjTpsYscZIKV9DimLxYPug/edit</p>
Library	<p>Watch Mrs. Madeira read Counting with Magi Magi, a book she wrote while in college.</p>

STEAM

Please follow the link below:
[Glow in the Dark Playdough](#)