

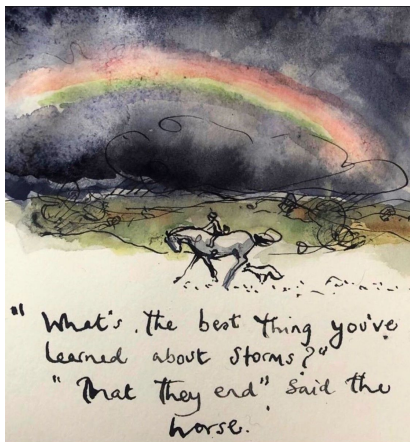


A new day is an opportunity to make a new connection!

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**“Be yourself, everyone else is already taken.”
- Oscar Wilde**

7 Ways to Maintain Relationships During Your School Closure By Sarah Gonser



District Highlights Last week I wrote to you about the importance of reaching out and lifting each other up. This week I got the image to the left sent to me. All of these messages mean so much. Continue reaching out to colleagues, friends, and loved ones. I think the above image captures how we all might be feeling about distance learning - so many notifications! It can be a challenge to step away and recharge our own batteries during this closure. It is important though to not continue working into the night, on weekends, and over our upcoming break.

Please take time to be away from screens and give yourself time to stay healthy. I like to spend time with my family, take walks, exercise, read books, and put together jigsaw puzzles. These activities let me step away from screens and work. I will be taking a week off from #BrightFutures and will welcome you back on April 20th. Enjoy the week, stay safe, and healthy. Only 4 more work days until break! You can do it!

Professional Development Corner! [Check out this Ted Talk with Jacqueline Woodson!](#) Reading slowly -- with her finger running beneath the words, even when she was taught not to -- has led Jacqueline Woodson to a life of writing books to be savored. In a lyrical talk, she invites us to slow down and appreciate stories that take us places we never thought we'd go and introduce us to people we never thought we'd meet. If you are looking for something to do, check out [the archives \(scroll down\)](#) of Bright Futures for other podcast and book recommendations.



Do you have a resource, quote, or article to share? District committees can also communicate news via this newsletter. Just email me at tbaird@hebron.k12.ct.us. Have a great week!