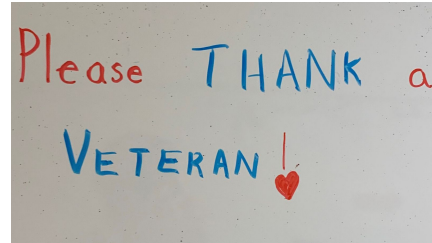




A new day is a new opportunity to make something happen!

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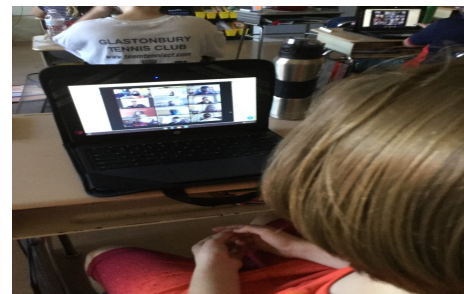
“To succeed in life, you need three things: a wishbone, a backbone and a funny bone.” - Reba McEntire



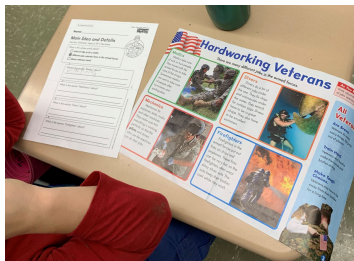
5 Simple Ways to Manage Stress This Year by Lori Desautels

Veterans Day in a Time of Covid by Michael Larkin

The Veteran’s Day assembly at Hebron Elementary School is a highlight of the year for all involved. This year, without being able to invite veterans into our school building and without being able to all assemble together, we knew we had to continue to safely recognize this important day. To that



end, the following staff members worked to create a virtual assembly experience for our students as well as Zoom visits by our veterans; Dana Mutch, Candace Lamb, Griff Jones, Mike Corona, Jessica Correia, and Steve Hurley. We also invited veterans to Zoom into our classrooms



to answer students’ questions and share their military experiences. Twenty four veterans volunteered to join our classes, representing each branch of the armed services. By having our veterans join us via Zoom we were able to include people from all over the country!



How can we help you? Please use this reference guide for contacting our Central Office Team for support.

Do you have a resource, quote, or article to share? Please email them to me at tbaird@hebron.k12.ct.us.