



A new day is a new opportunity to make something happen!

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“You can complain because the roses have thorns, or you can be grateful because thorn bushes have roses.”

- Ziggy (Tom Wilson)

[In Schools, Are we Measuring What Matters? An Interview with Angela Duckworth with Stephen Merrill](#)

Hebron is Kind There are so many ways that Hebron showcases kindness. Unity Day was celebrated on October 21st and you can see a display from that day above. Students and staff wore orange to “show that we are together against bullying, and united for kindness, acceptance, and inclusion” and participated in activities that support unity and align well to our Choose Love SEL program. This upcoming Friday we will celebrate World Kindness Day. We work to show kindness every day by *choosing love* but it is also important to pause and take time to celebrate kindness and unity in special ways. You can learn more about [Unity Day here](#) and [World Kindness Day here](#).

Professional Development Corner This time of year, we can see, feel, hear, and smell the sounds of the coming winter. One of these signs is observing geese flying south in their V formation. We can learn a lot about the power of teamwork from geese. [Read this short piece on the 5 lessons we can learn from geese by Elena Aguilar](#). Keep honking!

[How can we help you? Please use this reference guide for contacting our Central Office Team for support.](#)

Do you have a resource, quote, or article to share? Please email them to me at tbaird@hebron.k12.ct.us.