

A new day is a new opportunity to make something happen!

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"Do not go where the path may lead, go instead where there is no path and leave a trail." - Ralph Waldo Emerson

Keys to Success in Distance Learning by Nikki Healy

Reopening Behind the Scenes

Last week we welcomed back staff and students with hybrid learning on an early release schedule. With some humid days, the early release schedule allowed us to ease into our mask wearing. I was able to spend guite a bit of

time observing in our two schools. Both schools conducted "socially distant" fire drills with both cohorts of students. Students were careful throughout the day and engaged thoughtfully in our learning tasks. We are so proud of how well they have done with returning to school! As we begin week two, we are asking families to be especially mindful of the arrival and dismissal procedures for each school which can be found in our new Arrival and Dismissal Quick Reference Guide. It is important for us to adhere to our staggered arrival and dismissal times so we can ensure a smooth and safe arrival and dismissal for our students. Have a great second week of school!



Welcome & Celebrations

Please **welcome** to our team: Hayden Lesco (GHS)! Congratulations goes to Karen Coxon, Becky Campbell, Gee, and Heather Godi for completing 10 years of service at Hebron Public Schools!

Social Emotional Learning

Explore the SEL framework from CASEL! This week we look closer at self-awareness: the ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."

Identifying emotions Recognizing strengths Self-efficacy

Accurate self-perception Self-confidence

Watch this short video to learn more

