



#BrightFutures

Inspiring all children to be resilient, confident, respectful, and prepared to discover and follow their dreams!

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District Advancement Plan Focus: Health Curriculum

This year, Hebron Schools focused on creating and implementing a new [health curriculum](#). After research and planning, the District has chosen the “The Great Body Shop” program, a standards and evidenced based curriculum with a strong home-school connection. It complements our Social Emotional Learning Curriculum,

“[Choose Love](#).” Topics include health and wellness, safety, and physical fitness. Our Health team includes our school nurses, physical education teachers, school psychologists, social workers, deans, and our School Resource Officer. The team teaches lessons each month and provides activities and games for reinforcement. In addition to lessons, a Family Bulletin is sent home monthly. Watch for November’s Bulletin highlighting nutrition and wellness!



Health Curriculum in Action!

Our most recent Health Unit covered ‘My Healthy Eating.’ These pictures capture one of Mr. Pitrone’s health lessons at Gilead Hill School. Students were engaged in their learning, choosing various food types from around the gymnasium to build a healthy meal. Students worked in collaboration with each other to learn about the food groups, build a healthy meal, and stay active! Next month, students will learn about their Hebron community and engage in conversations about being community helpers and good citizens.

